

ADULT SWIM LESSONS

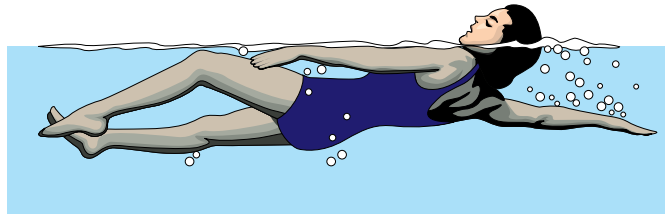
March 25- May 3, 2013

Semi-private Lessons

Beginner - Advanced

Times: to be arranged with Instructor

Wightman Gym Pool



Fee: \$35.00 WPUNJ Students

\$50.00 Faculty/Staff/Alumni

Five (5) x 45 minute Lessons will be scheduled
at your convenience.

Swimming is an excellent form of exercise. Overcome your fear
and finally learn floating, breathing, and kicking techniques as well
as various strokes to propel you on your way to fitness!

Already know how to swim but looking to improve your strokes?

Register for an Advanced Swimming Class.

Please register by Thursday March 14, 2013 at the Rec Center. For more
information contact the Rec Center at 973-720-2777 or visit our website

<http://www.wpunj.edu/reccenter/rec-aquatics.dot>

